

Merry Christmas and Happy new Year to All

# friends of crowborough hospital newsletter

1918—2018

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## Hospital Fete escapes the rain and turns in a great profit

Crowborough Hospital Fete on Bank Holiday Monday banked a handsome profit of £12,000 with stallholders reporting increased takings on the day.

“This is a wonderful result and I extend our warmest thanks to the many people who turned up on the day and dug deep into their pockets,” said Ricky Booth, the organiser.

“The weather was perfect,” said Mr Booth. “Not too hot and no rain, apart from a little light drizzle, which meant that many people probably decided not to go to the beach.



“Without the immense and dedicated input by the many stallholders, there would be no fete and so my thanks go out to every single stallholder and their many helpers. There must have been close to 160 volunteers involved on the day and no doubt many more behind the scenes who were also involved leading up to the fete.”

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### A WAR MEMORIAL HOSPITAL

In this year, when the Armistice Centenary is being commemorated, it is interesting to look again at the origins of our Hospital's name and the part it played during both the first and second world wars. From the Crowborough and District Nursing association set up in 1897, the Cottage Hospital grew and adopted the name of the Crowborough Cottage Hospital and Nursing Association

By 1914, the Cottage Hospital (as it had now become known) was beginning to increase its intake while home nursing numbers diminished.

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## **Hospital Fete cont.**

His words were echoed by Chantal Wilson, chairman of the Friends of Crowborough Hospital. “Once again the people of Crowborough turned out in their many hundreds to support the Hospital Fete in a way that makes me proud to live in this town,” she said. “Every penny raised will go towards supporting patients with equipment and services to supplement what is provided by the NHS. This includes the Social Day Centre which the Friends now fund and manage completely.

“In addition”, said Mrs Wilson, “the Friends are about to contribute many tens of thousands of pounds to replace the X-ray equipment in the hospital and to refurbish the birthing centre. We can only do these things if we have the financial support of the local community, which was demonstrated spectacularly on Monday. The Friends are very grateful for this support.”

The organisers wish to express their thanks to Waitrose who this year allowed raffle ticket sales two days – a Saturday and Sunday. This was a blessing as we were unable to secure permission to sell at our other regular supermarket sites. The Friends also wish to thank: estate agent Michael Brooker who kindly put up over 50 roadside signs advertising the fete; all the people including the Bonfire Society team who lent us gazebos and helped to set them up; and Nigel Cassford who set up our PA system and entertained us with music

*Roger Bishop, Press & Publicity, Friends of Crowborough Hospital.*







## Jumble Sale

The usual Jumble Sale was held on 13<sup>th</sup> October selling the better quality items left from the Fete along with new stock from the shop. The weather was good, it was well supported and raised a further £714 – another great result.



In addition, a number of items donated to the fete were put on ebay by David Bradford. We have not had a final figure on the results of these sales but they could amount to another £670.

## **A War Memorial Hospital cont.**

Then came the First World War and there were now both military and civilian cases to handle. Across the road, Harecombe Manor was also in use for the treatment and convalescence of war wounded. After the war it was agreed locally that there should be a memorial to those who had died in the conflict. The Memorial Fund, set up for this purpose, was divided - £1,000 went towards the freehold purchase of Preston Lodge, the nucleus of the hospital, with the remainder of the money going to the cost of the Chapel Green monument. It was then that the hospital became known as the Crowborough War Memorial Cottage Hospital.

With public support and bank loans, new wards were added, particularly maternity, and an operating theatre. An honorary consulting surgeon was appointed, and all the doctors in Crowborough became honorary members of staff.

Expansion continued throughout the 20's and 30's. The depression years brought many financial problems but with the ongoing support of the community the hospital grew. In March 1939, new statutes provided for the adoption of the hospital's present name – Crowborough War Memorial Hospital.

When the Battle of Britain commenced on 10 July 1940, invasion seemed imminent. Kent and Sussex, heavily encamped, would have to bear the brunt of attack. Crowborough's War Memorial Hospital was designated an Emergency Hospital. Extra medical supplies, beds, food stocks and, not least, protection of the building against bomb-blast were prioritised. In the midst of war, the hospital found time to add a babies' nursery to its maternity unit. Following the second world war, the National Health Service came in to being and on 5 July 1948 the Ministry of Health took over its administration.

The NHS may have taken control but Crowborough Hospital has always relied upon public support to keep it running. In 1955 the Friends of Crowborough Hospital was formed and subsequently registered under the Charities Act 1960. This formalised the community support that had been provided since the formation of the North Sussex Diamond Jubilee Nursing Association in 1897. The Friends is a registered charity led by local people who work voluntarily for the benefit of the hospital. Not only does it supply those extra comforts the NHS cannot provide for patients and staff, but also on many occasions has been instrumental in preventing service cuts, seeing off threats of closure and developing new services.

With acknowledgement to [yourcrowborough.co.uk/history/places/crowborough-war-memorial-hospital](http://yourcrowborough.co.uk/history/places/crowborough-war-memorial-hospital)



## AROUND THE HOSPITAL

### GENERAL WARD

We would like to thank the family of a recent patient for their kind donation of a tea set for the ward. The ward now provides tea and coffee making facilities on a trolley for relatives and visitors, for which we only ask small donations. It is nice that we now have a matching and more presentable tea set for relatives and families.

We recently held an autumnous contributions from friends raising funds for tea. We will be holding our usual and any contributions will be

We are currently still advertising if you know of anyone who them to pop in and have a chat

We currently have a ward con-huge asset to the ward and tract to remain with us until



raffle on the ward with gen-nurses, relatives, family and and coffee for the ward.

Christmas raffle in December gratefully received.

ing for registered nurses and may be interested, please ask with us.

sultant, Dr. Singh who is a who has extended his con-March/April 2019.

The ward sister Lisa Armstrong has been awarded one of two commissioned places via the Trust at the University of Surrey to complete the Masters in Advanced Clinical Practice Course. This is a 3 year course and on completion will enable Lisa to prescribe and to admit patients thus supporting the ward and the ward doctor.

Joanna Lightfoot is a Healthcare Assistant currently working towards her Band 4 Assistant Nurse Practitioner qualification. She has almost completed the course now and will be able to support the nurses with more clinical and in-depth nursing issues.

Healthcare Assistant Katarzyna Szalasny is currently applying to do her Associate Nurse Practitioner Training and hopefully will have news about her place soon.

We have a number of nurses currently completing their Band 5 competency training, mentorship and diabetes training.

Healthcare Assistants Marilyn Crowther and Mirela Filipova have both been awarded Infection Control Link Nurse status and complete all audits and ensure the smooth running of the ward.

Physiotherapist Sally Duffield has now retired from services at Crowborough Hospital after a good number of years. We wish her well in her new found freedom!!

Property Services Team Leads Simona Balsanu and Samir Hamidou and their team are continuing to do an amazing job ensuring the ward meets the high expectations regarding cleanliness with 5 consecutive months of 100%.

The ward continues to strive towards high standards of care provision for all its patients. This can be shown by the high scores from the Friend and Family Test feedback results.

Ward Matron Marianne Marden-Grove and Sister Lisa Armstrong would like to thank all the staff for their continued hard work and dedication to the services that we provide.

*Lisa Armstrong*

*It is great to hear of so many members of staff undertaking further education which will benefit future patients and the hospital in general. Ed.*





## **AROUND THE HOSPITAL**

### **CROWBOROUGH BIRTH CENTRE**

Hello from Crowborough Birth Centre. We are very excited to announce that our "Birth Tree" is growing new "leaves" each month. This Tree is painted on the wall of our Birthing Unit with 12 branches which represents each month of the year. Each month has a different motif, for example June's motif was strawberries and October's is acorns. On these motifs we write the name of each baby born during that month (with the parents' permission). It is a joy for all of us to see how our birthing tree is blossoming. We are soon to add a second "leaf" from the same family as women who have birthed their first baby with us go on to have second babies with us.

*Julie Michaud*

### **FRIENDS' NEWS**

#### **SINGING FOR FUN CHOIR**



**will once again perform for us**

**on Monday December 10th  
7.30 in All Saints Church**

**This is always a very enjoyable evening with a variety  
of music being sung. Refreshments available**

**Donations made on entry will be for the benefit of  
the hospital**

**Please come along  
Refreshments available.**

## FRIENDS' NEWS

### FRIENDS' SOCIAL DAY CENTRE

The Day Centre held a Macmillan coffee morning The Social Day Service held a coffee morning for Macmillan on September 29th. Thanks to Cilla we had many lovely cakes to sell and thanks to everyone else who contributed and help set it all up, especially Pauline Whetstone. The morning was a great success with many attending and a sum total of £364.57 raised.



The service would also like to welcome several new volunteers who have joined over the last couple of months; their help and support are much appreciated. Of course, as usual, our thanks go to our amazing team of long term volunteers.

*Jane Hayward, Manager*



### THE FRIENDS' SHOP

The Shop is now stocked with Christmas cards, wrapping paper, calendars, diaries etc. Also a good selection of baby knitwear - hats, booties and cardigans in all colours. Our local honey is a good seller along with home made jams, marmalade and chutney.

The occasion cards are very popular at a reasonable price. We also have small gifts like Crowborough hospital pens, lavender bags, fold up shopping bags, puzzle books and toilet-ries.

I would like to thank all the clever, kind and generous ladies who regularly donate lovely things for us to sell. Often they are handed in anonymously. So a big thank-you to everyone. Every penny goes to our hospital.

Please come and support our shop. Use it or lose it!!

*Maureen Bagwell, Manager*



## DONATIONS, PURCHASES and REQUESTS

### IMPORTANT, PLEASE READ

#### Notice of change of Bankers

Following the closure of the NatWest branch in Crowborough the Friends of Crowborough Hospital has found it necessary to make alternative banking arrangements. This is regrettable both as it breaks a relationship that has lasted at least 60 years and most probably considerably longer and it generates tasks for both the Friends and our supporters.

We now bank with Barclays Bank UK plc through their branch at 1 High Street Crowborough.

Whilst we will be writing separately to our members if you do pay a subscription or make donations by regular standing order direct to our bank please may I request that you arrange to amend the beneficiary bank details to

Sort code 208813 account number 83722104

Please do not make any amendment to the reference presently used to identify your payment.

If you have any questions or require clarification please contact the treasurer:

By post Friends Office  
Crowborough Hospital  
Southview Road  
Crowborough TN6 1HB

E mail [treasurer@foch.org.uk](mailto:treasurer@foch.org.uk)

Thank you for your co-operation

### Individual donations amounted to £2275

**St Michaels Church** donated £170

**Art group** - from the sale of a painting £50

**Boxes** totalling £331 were returned from:

Cro's. News Plus, Premier Stores,  
Jarvis Brook Bakery, Hosp Shop, Grove House,  
Field Buss, Middle House, Mayfield Dental Surgery,  
St Dunstons Pharmacy

As always, we are extremely grateful to all donors,  
friends and businesses who so generously support us.

**A bequest** of £1000 was received from the estate  
of the late **Ms. Marion Gardner**

We extend our condolences and our grateful thanks  
to the families and friends of Ms Gardner

### Purchases

Neuro physio rehab mat rack £347

OT equipment for personal use

### Requests

Minor Injuries unit have requested an ECG machine  
and the sum of £1823 has been agreed.

Out Patients Dept. have requested four caretray trol-  
lies totalling £1449

A coin counting machine will be purchased at  
£119.99 for the Friends' Office

In addition, the Treasurer has recently paid £45968  
to Maidstone and Tunbridge Wells NHS Trust being  
the first payment in respect of the Birth Centre re-  
furbishment.





## COMMUNITY

### LIVING WELL WITH LESS PAIN

**Are you living with lower back pain, hip or knee osteoarthritis? Is your pain stopping you doing the things you enjoy?**

Sussex MSK Partnership East in collaboration with charity Arthritis Action, will hold a **FREE** workshop bringing together top healthcare experts who will advise on what you can do safely, how to lower your pain and live a fuller life.

**You will hear from:**

- ♦ **Consultant Surgeons**
- ♦ **Clinical Specialist Physiotherapists**
- ♦ **Pain specialists**
- ♦ **A dietitian**
- ♦ **Patient organisations**
- ♦ **Health & wellbeing experts**
- ♦ **Patients**



**Wednesday, 28th November, 9.30am - 13.00 pm**

**Uckfield Civic Centre, Uckfield, TN22 1AE**

**Book on Eventbrite: [Living Well with Less Pain](#)**

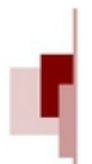
**or**

**Call: [01323 408 617](#) to reserve a place**



Sussex **MSK** Partnership  
East





Caring for the Heart  
of the Community

### Friends of Crowborough Hospital

Crowborough Hospital  
South View Road  
Crowborough  
TN6 1HB  
Phone: 01892 664626  
Fax: 07092 865667  
Email: [info@foch.org.uk](mailto:info@foch.org.uk)  
Web: [www.foch.org.uk](http://www.foch.org.uk)

Registered Charity No. 231379

Inland Revenue Charity Code:  
YAF88PG

*Merry Christmas  
And Happy  
New Year!!*

## Membership of the Friends

We hope that those of you who are not already Members would be interested in joining the Friends.

Membership is just £10 a year, or you can become a life Member for a larger sum. If you would like details of this, please get in touch.

If you would like to pay by standing order, we would be happy to arrange this for you.

For those who are tax payers we can arrange (at no cost to yourself) for the Inland Revenue to make an additional payment to us equal to the amount of tax that you would have paid on your donation or membership (Gift Aid). In this way, your donation can be of even greater value. Changes made by the Inland Revenue in respect of how Self Assessment tax forms are completed for charitable donations mean you will need the Code (shown above) if you complete such a form.

As a Member you can be as involved as you wish, joining one of the committees, or just supporting the work of the Friends by attending events during the year.

If you would like further information on any aspect of the Friends or would like to become a volunteer or a Member, please get in touch with us at the address above, or by phone or e-mail.



### Office Opening Times

*The Friends' Office is not manned every day due to lack of volunteers. If we are closed, please leave a message; written, telephone or e-mail and we will contact you as soon as we are able.*

*Mail can be left in the black letterbox outside the office.*



## Donations / Membership

I/we would like to make a donation to support the work of the Friends of Crowborough Hospital.

Our donation includes a £10 membership subscription (yes/no).

I/we enclose a donation of £ .....

The Friends may reclaim tax ..... ☐ (Gift Aid)

Name .....

Address .....  
.....

Post Code .....

Telephone .....

E-mail .....

Date .....

Please send details of how I/We may make regular donations ☐ (Standing Order)

Donations should be returned to:  
Friends of Crowborough Hospital  
Crowborough Hospital  
South View Road