

Supporting excellent care at the heart of the local community

friends of crowborough hospital newsletter

Tel: 01892 664626



Volume 15 Issue 3 Aug 2017

Friends' AGM 2017

The 2017 AGM was held on 29th June. Following refreshments kindly provided by Miriam Boobier, Chantal Wilson (Chairman) welcomed all with special welcomes to three representatives of the Community Hospitals Association: Dr Andrew Crowther (President), Dr Helen

Tucker and Evelyn Prodger.

The Deputy Mayor of Crowborough, Cllr Martyn Garrett, attended as did Dr. Colin Ruck (vice Patron of FoCH), Ashley Scarff (Director of Commissioning and Deputy Chief Officer at NHS High Weald Lewes Havens CCG), Chloe Rogers (Area Manager of Sussex Community Foundation NHS Trust) and Councillor Sylvia Tidy (East Sussex County Councillor),



The President's Report was given by Ros Marriott who was retiring and she welcomed Dr Cathryn Stokes as the new president. The

full President's Report along with reports from various officers of the Friends, volunteers and members of the hospital staff can be read in the AGM Report which can be found at <https://www.foch.org.uk/agm>

The Treasurer, Terry Moon, thanked the committed volunteers who generate the income needed to enable projects to be funded. He also thanked Robin Farmer who verifies the accounts for us each year. The accounts were accepted by the members. Terry was reappointed to serve again in the coming year.

Russell Wakefield was confirmed as Charity Secretary. He explained the changes to some of the terms in the Friends' constitution. These streamline some internal procedures but do not affect the aims and objectives of the Charity. The changes were accepted by the members.

Trustees who were willing to stand again were re-elected and Ros Marriott was thanked warmly for her 12 years as President.

Ros' final duty as President, together with new President Dr Cathryn Stokes, was to accept a special President's Award from Dr Andrew Crowther, President of the Community Hospitals Association.



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AGM cont

The Innovation and Best Practice Award was given by CHA to FoCH in respect of the Social Day Service.



This had been accepted by two trustees who had attended the CHA conference (See below) but was re-presented by Dr Helen Tucker (Vice President) to Jane Hayward, manager of SDS and some of the volunteers.

Dr Tucker spoke on the topic of “Community Hospitals Matter” and said she had been “blown away” to see the work being done by the Friends’ Social Day Service. She said that about 85% of NHS work takes place in the community by GPs and in Community Hospitals. She congratulated Crowborough on having an in-patient ward and encouraged its use. There is a variety of configurations of Community Hospitals and

the CHA produces a handbook and directory giving information about the services provided by them. These can be found on their website at

<https://www.communityhospitals.org.uk>

There is research going on to gather evidence of the importance of Community Hospitals which are :

- Valued and trusted
- Accessible
- Offer continuity of care
- Offer integrated care
- Offer a wide range of services and facilities
- A natural focus for communities
- Meet the needs of an ageing patient cohort
- Embedded in the community and trusted by patients and families

Dr Tucker and Evelyn Prodger spoke of the support community hospitals receive from their Friends such as

- Fundraising
- Volunteering
- Promoting services
- Initiating and supporting services
- Managing services

Friends Award

Each year, the Friends of Crowborough Hospital make awards to volunteers who are considered to have given exceptional service. The award this year went to John Whetstone who has been a stalwart in the team of drivers for the Day Service since 2009.



CHA CONFERENCE REPORT

Chantal Wilson and Richard Hallett (Vice President of FoCH) attended the Conference of the Community Hospitals Association in Manchester.

Richard reports:

In 2016 the Friends were delighted to hear that we had won an award from the Community Hospitals Association (CHA) for our Social Day Service in the Innovation and Best Practice category. This award from a national body is wonderful recognition of the quality of work, and appreciation of the effort made by our Social Day Service volunteers under Jane Hayward's leadership. At the Annual Conference we gave a presentation on the 'Role of the Friends being creative' highlighting the many different ways in which, over the years, we have been able to support our community hospital and the wide variety of services it provides for the local population. We also ran a workshop on the Social Day Service specifically, to explain why and how we developed the service ourselves 'Friends style', and the potential contribution it can make to 'Social Prescribing' as an important local enhancement to health and well-being.



Photo shows Richard Hallett, Chantal Wilson, Dr Helen Tucker, Dr Andrew Crowther



"In the era of acute"

Keeping Maternity in the Community







- 1996 Maternity Consultation
- Low Tech Maternity Unit "at risk"
- Opportunity to be innovative
- Funded transition to Midwife Led Unit 1997
- Flagship for "Maternity Matters" 2007
- Partners Overnight 2016




Richard Hallett, Vice President



Social Day Service - Friends' style!



- Now totally "Friends funded"
- Created required policy / protocols
- Recruited qualified p/t manager Dec 2014
- Started SDS January 2015
- Provided "Step-down from Rehab"
- Introduced variety of activities
- Developed referral criteria & networks






Following the conference, the Friends received a letter from Dr Roy Sharma who visited the Hospital as a part of the award process:

"In these dismal days, it is always great to see uplifting work. Your setup is uplifting, energetic and full of valuable lessons. It is always great to learn one new fact – Crowborough gave me several.

Always keep up with "tomorrow's" new trends

Always keep a look out for who might need your help (people and organisations).

Work and build, but do not be sentimental when the time has come to move on – move on.

Keep the profile high for all your core supporters – the local people.

Call in favours and use your influence if you have to – but in a hugely nice, constructive way.

Thank you for being at CHA 2017 and sharing your experiences"





THE FRIENDS OF CROWBOROUGH HOSPITAL WANT TO TRACE PAST VOLUNTEERS

friends of
crowborough hospital



Presentation of the Queen's Award for Voluntary Service

Our Volunteers have been awarded the Queen's Award for Voluntary Service, (the MBE for voluntary groups). It will be presented by the Lord Lieutenant in September and be followed by a celebration tea.

The committee of the Friends would like to invite all past volunteers as the award recognises 60 years of dedicated voluntary work by the Friends.

If you have ever been a volunteer for the Friends, or know someone who was, and you or they would like an invitation, please contact us and leave a message.

Attendance has to be by invitation only. We need to know your postal address for a hard copy invitation or your email address for a soft copy invitation.

A phone number would also be helpful.

Applications for an invitation **MUST** be received at our office before 25th August

Please reply to Friends' Office, Crowborough Hospital, Southview Road, Crowborough, East Sussex TN6 1HB
Tel: 01892 664626 Fax: 07092 865667 eMail: qavs@foch.org.uk

PAST EVENTS & FUNDRAISING

Crowborough Wolfe Bowling Club supports the Friends of Crowborough Hospital

On a less than summery Friday at the end of July, Crowborough Wolfe Bowling Club organised and hosted a bowling competition for 20 clubs throughout mid Sussex. Just a pity they couldn't have organised the weather as well as they organised the competition! I take my hat off to those players who carried on in the rain until it was too slippery to play. Players who started the day looking crisp and summery in their whites ended up bedraggled (but undeterred!) in dripping white mackintoshes.

The club very generously supported two charities that day, the East Grinstead branch of the Stroke Association, and one local, The Friends of Crowborough Hospital. We are very honoured to be selected and extremely grateful to the bowling club for thinking of us.

The money was raised principally through a raffle which had prizes laid out the club house as far as the eye could see. Members of the club had worked incredibly hard to make the raffle so attractive and to entice people to buy the tickets! The total sum raised was in excess of £800 but as we go to print, we still await the final outcome. Whatever happens, the Friends and therefore the hospital, will benefit to the tune of at least £400 which is a magnificent sum. We are absolutely delighted with the outcome. We would like to thank the bowling club very much indeed for their generosity to a local charity and for supporting our local hospital which in turn helps local people from the youngest to the oldest.

Chantal Wilson
Chairman, FoCH



PAST EVENTS & FUNDRAISING

Crowborough Summer Fair



Once again, the Friends were present at the Crowborough Summer Fair. In spite of the clouds, the weather was great which gave us a big crowd. We sold 173 raffle tickets and £69.77 was spent on items from the shop. We also had the chance to speak to lots of people about the hospital, the birth centre and the Friends all of which is invaluable.



SPONSORED WALK

We reported in the last edition about the sponsored walk being undertaken along the Seven Sisters by a previous physiotherapy patient, Verna Lingard. We are pleased to congratulate her on having accomplished the 8.7 miles and we are extremely grateful for the funds she raised for the Friends through BT My Donate. Verna raised a magnificent £1055 which was shared between the Friends and the Fire Fighters Charity. Many thanks to Verna and her supporters.



URFC Under 8's Fun Run

When he heard Verna's story, her two sons superstar rugby coach Yannick wanted to help raise some money for the charities that have helped her so much. So on 28th August, Yannick (dressed as the new URFC team mascot) will run 5k with players & parents from URFC under 8 squad. You can find out more and donate to this challenge at <https://mydonate.bt.com/fundraisers/urfcu8s>

Give as you Live



We are now members of Give as You Live and our bank details are on their records. This is a way in which, if you shop online, you can generate funds for the Friends at no cost to yourself.

Please visit <https://www.giveasyoulive.com/howitworks> to find out more details.



HOSPITAL FETE 2017

Preparations are going well for this year's fete. The only thing I have not been able to arrange is the weather so let's hope for the best!

We have two important additions to our team of volunteers. Dennis Hart will be shadowing me this year in the hope that he might consider taking over next year. He was responsible for this year's Crowborough Festival so he has a lot of experience. Peter Cooper will be taking on the plant stall and has already performed miracles but like with everything, we have to wait and see what nurseries give us on the day.

We could do with some help selling raffle tickets at Tesco and Morrison's on Saturday 12th August so if you could spare some time please let me know.

This year we have nobody to man the CD/music/video stall so if anyone would like to take it over for this year please let me know.

Ricky Booth 01892 652 151 boothcvms@btinternet.com

The fete organisers are collecting donations for some of the major stalls. The main need is for good quality toys, books, collectables, bric-a-brac and clothes. Donations can be taken to the hospital in Southview Road between 10am and 3pm on Fridays.

Once again, Crowborough Birthing Centre will be organising a tombola and are looking for prizes. Donations can be left in a box in Reception.

BANK HOLIDAY MONDAY AUGUST 28th

2pm



AROUND THE HOSPITAL

The Friends Hospital Shop

The shop is always ready to welcome more customers to buy its wonderful stock! It stocks a wide variety of sweets, snacks, drinks, fresh eggs, honey, jams and Cilla's cakes. The selection of cards is very good and at good prices. There are hand knitted baby clothes and a widening selection of handicrafts and gifts for all ages. Please do have a look!

The Friends' Day Centre

"Many thanks to Jordan's Nursery for making such a kind donation of many lovely plants. We value the time that we spend out on the patio and it is looking especially nice at the moment"



Jane Hayward, Manager

News from the General Ward

We are pleased to welcome 3 new staff nurses. Evelyn started in July, Mihaela will start on the 9th August followed by Kaylee, currently our 3rd year nursing student who will join us in September as newly qualified.

Several healthcare assistants are expanding their knowledge, nursing skills and roles. Joanna Lightfoot has been interviewed by Brighton University and the trust to complete her Apprenticeship for health science and is awaiting the outcome.

Katarzyna Szalasny is currently completing her English and maths GCSE so that she can follow in Joanna's footsteps.

Staff nurse Lorna Goldsmith has just increased her hours on the ward which will obviously help with continuity for both staff and patients.

Ward coordinator Carol Chapman was nominated and won commitment to learning and had a lovely awards evening ceremony.

New information packs have been compiled for relatives and visitors regarding services, support, general ward information.

We have had 2 very complex patients in our care over the last few months that has stretched us both mentally, emotionally and clinically. We feel we worked well as a team supporting each other as well as the patients and relatives. Lisa and Marianne would like to say a big thank you to all the nursing staff and MDT for their commitment and empathy.

The ward is still awaiting their CQC inspection with bated breath!

Marianne Marden-Grove
Ward Matron

Carol Chapman receives her award



AROUND THE HOSPITAL cont.

Crowborough Birthing Centre

Good news! We are definitely having a refurbishment. The start date should be in around 3 months – we will confirm as soon as we have a set date. The Birthing Centre will remain open during this period which is more good news!

Hannah Crook Waldron, Midwife



BABY BOXES

A tradition from Finland, which has seen infant deaths dramatically reduced there, is coming to Kent and Sussex for the first time. New mums will now be able to apply for a free Baby Box to support safer sleeping for their new arrivals.



The Baby Box Co. provides the kit which contains useful information and products for families. The box is made of durable cardboard, and comes with a firm foam mattress, waterproof mattress cover and fitted cotton sheet and is designed as a safe sleeping space for newborns, and a replacement for a traditional Moses basket or cot.

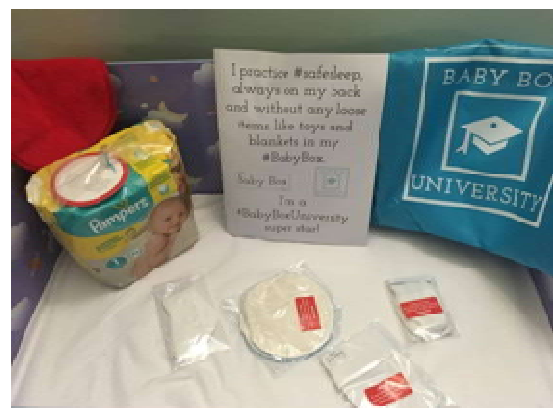
The aim of the programme is to encourage early engagement with maternity services and access to care for all pregnant women. In order to receive a free baby box, expecting parents will need to complete an online maternal and childcare course.

Jenny Cleary, Head of Midwifery and Women's Health said, "We welcome any initiative which promotes a safer environment for babies as well as knowledge and reassurance for new parents. Baby Box is an established and successful program which I am sure many of our local parents will be delighted to benefit from."

This initiative will cover Maidstone Hospital Birth Centre, Tunbridge Wells Maternity Unit and Crowborough Birth Unit, all of which are run by Maidstone and Tunbridge Wells NHS Trust.

If you're thinking of requesting a Baby Box, we have one on display at CBC, pop in for a look & details on how to get your own. On completion of the "online quiz" please note the boxes will be posted to your home address, we cannot give them out.

Hannah



DONATIONS and PURCHASES

Donations

Individual gifts and subscriptions amounted to **£410**

A concert performed by the group Sing and Tonic raised a wonderful **£1110**. We thank the group for thinking of us in this way.

Boxes totalling **£200.15** were opened from:
Cork and Keg, Crowborough Constitutional club,
Field Buss, Morrisons pharmacy,
This & That, Dorset Arms, News Plus

As always, we are extremely grateful to all donors, friends and businesses who so generously support us.

In memoriam gifts

Donations were received in respect of Gillian Franklin Taylor

Helen Chapman is fundraising in memory of Muriel Greenwood who was a patient on the general ward. The donation page is open until 14th October on BT Mydonate.

We extend our condolences and our grateful thanks to the families and friends of these people



Purchases

OT equipment for personal use - **£435**

Laminator for General ward - **£31**

Fold down seat at top of stairs for in patient rehabilitation - **£210**

Requests

NPL fiber-optic endoscope for OPD £7500 . Funds reserved to enable purchase.

Notice boards for birthing centre £477. Funds reserved to enable purchase.

Sing and Tonic (see above)

"Sing & Tonic" choir has been running in Rotherfield for 8 years led by Sue Burnett supported by Katherine Crowley.

It is a "fun" choir, open to anyone who enjoys singing. From over 40 at the first rehearsal, numbers have increased steadily over the years so that membership now stands at 100.

Their programmes consist of "fun" music from folk songs, Beatles numbers, and other "Easy Listening" pop songs, through film themes, songs from musicals, and well known opera choruses. They put on a concert in June every year, and instead of selling tickets, have a retiring collection in aid of charity, voted for by members. This year there were two outright winners – FOCH, and The Pickering Cancer Drop-in Centre.

The Friends of Crowborough Hospital are extremely grateful to the group for thinking of us and making such a wonderful donation to our funds.





Caring for the Heart
of the Community

Friends of Crowborough Hospital

Crowborough Hospital

South View Road

Crowborough

TN6 1HB

Phone: 01892 664626

Fax: 07092 865667

Email: info@foch.org.uk

Web: www.foch.org.uk

Registered Charity No. 231379

Inland Revenue Charity Code:

YAF88PG

CROWBOROUGH HOSPITAL FETE

BANK HOLIDAY MONDAY

AUGUST 28TH

2 PM

Membership of the Friends

We hope that those of you who are not already Members would be interested in joining the Friends.

Membership is just £10 a year, or you can become a life Member for a larger sum. If you would like details of this, please get in touch.

If you would like to pay by standing order, we would be happy to arrange this for you.

For those who are tax payers we can arrange (at no cost to yourself) for the Inland Revenue to make an additional payment to us equal to the amount of tax that you would have paid on your donation or membership (Gift Aid). In this way, your donation can be of even greater value. Changes made by the Inland Revenue in respect of how Self Assessment tax forms are completed for charitable donations mean you will need the Code (shown above) if you complete such a form.

As a Member you can be as involved as you wish, joining one of the committees, or just supporting the work of the Friends by attending events during the year.

If you would like further information on any aspect of the Friends or would like to become a volunteer or a Member, please get in touch with us at the address above, or by phone or e-mail.

Donations / Membership

I/we would like to make a donation to support the work of the Friends of Crowborough Hospital.

Our donation includes a £10 membership subscription (yes/no).

I/we enclose a donation of £

The Friends may reclaim tax ☐ (Gift Aid)

Name

Address

Post Code

Telephone

E-mail

Date

Please send details of how I/We may make regular donations ☐ (Standing Order)

Donations should be returned to:
Friends of Crowborough Hospital
Crowborough Hospital
South View Road
Crowborough TN6 1HB

Aug '17

